

Avalon Trails

TRAILTALK

AUGUST 2025

SUPPLEMENT

PUBLISHED MONTHLY FOR THE
RESIDENTS OF AVALON TRAILS

The Dog Days of
Summer are here!



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CALENDAR OF LOCAL CONCERTS, SHOWS, ART FAIRS – August 2025. *by Beverly Parnes*

Here are things to do for August locally

DATE	TIME	EVENT	VENUE
1-Aug	9PM	Jerry Garcia Birthday Celebration	Funky Biscuit
1-Aug	6PM	Alive Beat	Boynton Beach Amphitheater
1-Aug	8PM	Tribute to Three Dog Night	Boca Black Box
2-Aug	8PM	Memphis Lightning	Arts Garage
2-Aug	7:30PM	Chris Isaak	The Parker
2-Aug	7PM	Doors Alive	Funky Biscuit
2-Aug	8PM	Stevie Wonder Tribute	Wellington Amphitheater
2-Aug	7PM	Led Zeppelin	Boca Black Box
3-Aug	3PM	Line Dancing	Avalon Trails Social Hall
3-Aug	7PM	Rob Thomas \$52	Mizner Park Amphitheater
6-Aug	6:30PM	Industry Cabaret Night	The Wick
6-Aug	7PM	Tribute to Styx & Foreigner	Funky Biscuit
7-Aug	6:30PM	Classic Rock	Wellington Amphitheater
8-Aug	8PM	The Blues Brothers Soul Band	Arts Garage
8-Aug	7PM	Battle of the Bands	Mizner Park Amphitheater
8-Aug	8PM	Jackson Brown Tribute	Boca Black Box
9-Aug	6:30PM	Pizza, Pictionary and Pajama Party	Avalon Trails Social Hall
9-Aug	8PM	Fleetwood Mac Tribute	Funky Biscuit
9-Aug	8PM	Brazilian Big Band	Arts Garage
9-Aug	8PM	Cars Tribute	Boca Black Box
15-Aug	8PM	Jordan Bennett: Comedian	Kings Point Theater
15-Aug	8PM	James Taylor Tribute	Boca Black Box
16-Aug	8PM	Nirvana Tribute	Arts Garage
16-Aug	7PM	Gimme Springsteen	Boca Black Box
20-Aug	6:30PM	Industry Cabaret Night	The Wick
22-Aug	8PM	Yacht Rock	Arts Garage
22-Aug	6:30PM	Paint Your Own Terracotta Pot	Avalon Trails Art Room
22-Aug	7PM	Fame: David Bowie Tribute	Boca Black Box
23-Aug	6PM, 9PM	The Motowners	Funky Biscuit
24-Aug	7PM	Jersey Tenors: Frankie Valli & Beach Boys Tribute	Boca Black Box
29-Aug	9PM	Lynyrd Skynyrd The Artimus Pyle Band	Funky Biscuit
30-Aug	8PM	The Dirty Doors: Doors Tribute Band	Arts Garage
30-Aug	5PM to 10PM	Party in Paradise: Jimmy Buffet Tribute	Old School Square
Multiple Dates			
Aug 22-31	Mat/Eve	West Side Story	Delray Beach Playhouse

CALENDAR OF LOCAL CONCERTS, SHOWS, ART FAIRS – August 2025. (CONTINUED) *by Beverly Parnes*

Events/Music Venues

- **Arts Garage** — 94 NE 2nd Ave, Delray Beach, FL 33444, (561) 450-6357
- **Aventura Arts & Cultural Center** — 3385 NE 188th St Aventura, FL 33180, (877) 311-7469
- **Boca Black Box** — 8221 Glades Rd Suite #10, Boca Raton, FL 33434, (561) 483-9036
- **Broward Center** — 201 SW 5th Ave, Fort Lauderdale, FL 33312, (954) 462-0222
- **Delray Beach Playhouse** — 950 NW 9th St, Delray Beach, FL 33444, (561) 272-1281
- **Delray Marketplace** — 9025 W Atlantic Ave, Delray Beach, FL 33446, (561) 865-4613
- **Funky biscuit** — 303 SE Mizner Blvd #59, Boca Raton, FL 33432, (561) 395-2929
- **Galuppi's** — 1103 N Federal Highway, Pompano Beach, FL 33062, (954) 785-0226
- **Hard Rock Live** — Seminole Hard Rock Hotel & Casino, 1 Seminole Way, Davie, FL 33314, (954) 797-5531
- **Kings Point Theatre** — 7000 W Atlantic Ave, Delray Beach, FL 33446, (561) 499-3335
- **Kravis Center for the Performing Arts** — 701 Okeechobee Blvd, West Palm Beach, FL 33401, (561) 832-7469
- **Mizner Park Amphitheater** — 590 Plaza Real, Boca Raton, FL 33432, (561) 393-7890
- **Rose & Alfred Miniaci Performing Art Center** — 3100 Ray Ferrero Jr. Blvd, Davies, FL 33314, (954) 262-5480
- **Old School Square Pavilion** — 51 N Swinton Ave, Delray Beach, FL 33444, (561) 243-1077
- **The Parker Playhouse** — 707 NE 8th St, Fort Lauderdale, FL 33304, (954) 462-0222
- **The Wick Theater** — 7901 N Federal Highway, Boca Raton, FL 33487, (561) 995-2333
- **Sunset Cove Amphitheater** — 12551 Glades Road, Boca Raton, FL 33498, (561) 488-8069

How the phrase “dog days of summer” originated, briefly!



The phrase “dog days of summer” originated with the *ancient Greeks* and *Romans*, who associated the hottest period of summer with the star Sirius, also known as the “Dog Star”. *Sirius* is part of the constellation *Canis Major*, or “Greater Dog”. They believed that the heat of Sirius, rising with the sun during this time, added to the sun's heat and caused the exceptionally hot weather. The term “dog days” is a direct translation of the Latin “*dies caniculares*,” meaning “days of the

dog star,” according to National Geographic.

While the connection to Sirius is astronomical, the term has also taken on a more general meaning referring to the hottest and most uncomfortable days of summer. Modern interpretations may also include the idea of dogs suffering from the heat, but this is not the original meaning.

Here's a more detailed breakdown:

- **Ancient Astronomy:** The ancient Greeks and Romans observed that Sirius, the brightest star in the sky, would rise with the sun in late July and early August.
- **Belief in Sirius's Heat:** They believed that Sirius, being a bright star, radiated extra heat, contributing to the intense summer heat.
- **Latin Origin:** The Romans called this period “*dies caniculares*,” which was eventually translated into the English “dog days”.
- **Modern Interpretation:** While the astronomical basis is still valid, the phrase is also used to describe the generally hot and uncomfortable period of late summer.

...And now you know!

New to the area, 3 Tequilas Mexican Cuisine



3 Tequilas offers a diverse menu of classic Mexican dishes, including appetizers, entrees, and combination plates, with options for various dietary preferences. Popular items include fajitas, chimichangas, enchiladas, tacos, and burritos, with choices like carne asada, chicken, shrimp, and fish. They also offer house specialties, vegetarian options, and dishes for children.



- Mexican
- Latin American
- New Mexican

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12355 Hagen Ranch Road,
Boynton Beach, FL 33437
(561) 810-5931

2025 Avalon Trails Board, Committees and Clubs

President	Jack Feldheim	JackF2323@yahoo.com
Vice President	Bill Simmons	wmsimm65@gmail.com
Secretary	Jake Marzouk	jmarzou@yahoo.com
Treasurer	Kathy Bass	Kathyb.avalontrails@gmail.com
Director at Large	Cliff Wain	CliffW44@yahoo.com

COMMITTEES	Name	Phone	Email
Architectural Review & Landscaping (ARC)	Karen Finklestein &	(561) 212-0204	lukafi01@yahoo.com
	Jackie Reeder	(561) 253-5922	jaclynreeder97@gmail.com
Athletic	Mark Seltzberg	(917) 821-1826	coachms@aol.com
Clubhouse	Judi Lubin Lewis	(516) 695-0848	Lulew115@yahoo.com
Community Relations	Jack Feldheim		JackF2323@yahoo.com
	Jake Marzouk		jmarzou@yahoo.com
Contracts & Finance	Kathy Bass &		Kathyb.avalontrails@gmail.com
	Cliff Wain		Cliffw44@yahoo.com
Welcome	Jake Marzouk		jmarzou@yahoo.com
	Monica Bernaducci	(732) 245-8694	monicaell128@aol.com

CLUBS	Name	Phone	Email
Book Club	Linda Wain	(516) 603-6295	lindaandcliff@yahoo.com
Caring Club	Julianna Lessor	(954) 610-4578	JuliannaG11@msn.com
Jewish Heritage Club	Neil Keller	(301) 922-2882	NeilKellerFL@gmail.com
Meditation Club	Artie Bernaducci	(732) 614-5832	ajbyogi57@gmail.com
Men's Club	Steven George	(703) 220-7477	georgefamily2005@verizon.net
Newsletter	Bob Masters	(952) 393-5540	rj.masters@yahoo.com
Pickleball Club	Mark Seltzberg	(917) 821-1826	coachms@aol.com
Ping Pong Club	David Sabin	(561) 843-2310	David@sabes.net
Club Maj Jongg	Beverly Parnes	(914) 262-2694	beverlyparnes@gmail.com
8-Ball Pool Club	Marty Finklestein	(561) 866-5074	malafi2021@gmail.com
Women's Golf Club	Beverly Parnes	(914) 262-2694	beverlyparnes@gmail.com
Women's Club	Susan Lamberton	(973) 216-0506	susanlamberton@yahoo.com
	Jeannie Feldman	(516) 306-0082	jeannie.feldman4@gmail.com

Campbell Property Management Information

Property Manager:

- **Tammy Landay** – Property Manager/CAM
561-859-0357
AvalonTrailsPM@campbellproperty.com
- **Maria Ortega** – Admin Assistant,
561-859-0320
AvalonTrailsAdmin@campbellproperty.com
- **Teri Hoffman** – Social Director,
561-859-0363
AvalonTrailsSD@campbellproperty.com

**Your after-hours
emergency number is:
(954) 427-8770**

Caring Club

The Caring Club is here for you If you are undergoing a difficult time such as a loss, recovering from surgery, or would just like a member to regularly check in with you, don't hesitate to contact one of us.

- Julianna Lessor - chair – (954) 610-4578
- Lynne Veltri - co chair – (954) 829-4762
- Claudia Glass – (310) 740-6818
- Susan Young – (516) 805-6852
- Susan Lamberton – (973) 216-0506
- Letty Nunez – (347) 301-4849
- Monica Bernaducci – (732) 245-8694
- Artie Bernaducci – (732) 614-5832
- Lori Dickstein – (732) 547-9985
- Jeannie Feldman – (516) 306-0082
- Faith Kaplan – (561) 334-9010
- Gail Karger – (561) 452-8751

Trail Talk Staff & Contributing Writers:

- Bob Masters rj.masters@yahoo.com
- Beverly Parnes beverlyparnes@gmail.com
- Lyn Ackerman lyncackerman@gmail.com
- Martin Arnold mharnold01@gmail.com
- Bill Simmons wmsimm65@gmail.com
- Artie Bernaducci ajbyogi57@gmail.com
- Monica Bernaducci monicaell128@aol.com
- Donna DiNatale ddonnae@aol.com
- Mary-Beth Infante marybeth.infante@gmail.com
- Julianna Lessor JuliannaG11@msn.com
- Michael Kaplan mikefaith007@gmail.com
- Neil Keller NeilKellerFL@gmail.com